

Welcome to Kona Gold

Our private healing sanctuary offers five acres overlooking the magnificent Kailua Kona Coast with stunning panoramic ocean horizon views.

Nestled at the perfect climate, and just a 130 foot walk down the driveway, awaits the Pacific Ocean featuring the best known white sand beaches for snorkeling and body surfing throughout the world.

This exquisite outdoor setting is ideal for personal healing retreats. What begins as a casual stroll can easily become a journey of sensuous discovery.

As guests of Hawaii, we seek the gifts of her people and their strong spiritual connection to the land. Fully received, the gift of ALOHA opens the heart, clearing the path for deep spiritual healing.

Solar Living

At Kona Gold all power is generated from the sun. Enjoy solar living with comfort and amenities provided sustainably.

Accommodations & Amenities

Guests enjoy four bedrooms, six luxury beds and two full bathrooms. We also have eight thick fold-out camping pads and hammocks for additional guests.

A huge shared kitchen is perfect for dinner parties. We offer a dishwasher, big refrigerator/freezer, as well as a Vita-Mix, Green Star juicer and an X-caliber dehydrator for healthy meal preparation.

The large living room is ideal for teaching, gathering, yoga or just relaxing with the ocean view.

We have a massage table available with clean sheets ready to go on the lanai.

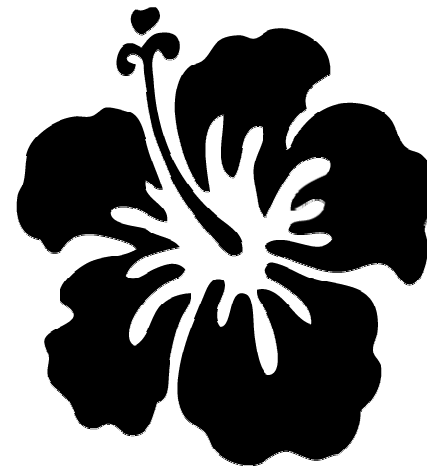
At Kona Gold we notice natural cycles. When the sun comes up we begin our day, when the sun sets, we also set to rest our worries and we go within to nurture ourselves. This alone is a true gift.

Kona Gold is a perfect place to rejuvenate with the support of nature and beauty all around.



Colon Hydrotherapy

This is a special invitation from Alder Brooke Healing Arts. Our golden farm home is designed to accommodate LIBBE colon hydrotherapists, teachers, students & clients for healthy educational experiences that will provide a lifetime of memories.



Alder Brooke creates *Healing Waves* washing and renewing your energy body. Located just above Magic Sands Beach also known as La'aloa (Very Sacred), just up Ho'omaluhia (The Way of Peace).

Big Island Beaches

Considered geologically young, Hawaii's beaches offer crystal clear waters reflecting hues of blue and green.

Ho'omaluhia (our gated driveway that begins off Ali'i) is malka (mountain) side of Pahoehoe Park. Just one block south on Ali'I is La'aloa beach park. This is also known as "Magic Sands" because water washes out the sand in high surf. The beach disappears and lava rock emerges.

Idyllic white sand beaches bless the entire length of the Kona coast. Nearby you'll enjoy world-class snorkeling with outstanding visibility, calm water, and fish in a dazzling array of colors. You may also find turtles, dolphins, whales and other marine life at any of the shady and sunny beachfronts at Kahalu'u Beach Park or Kealahou Bay.

Shopping is found both North and South from Kona Gold. Organic salad greens, sprouts and local tropical fruit can be found in abundance just minutes from Kona Gold. Discover downtown Kailua-Kona and find restaurants and many local gift shops.

Empowering new lifestyle choices
promotes true healing!

Tara Alder is nationally certified and is an instructor with the International Association of Colon Hydrotherapy (I-ACT). Tara has enjoyed professional experience in the healing arts since 2000. Tara attends and teaches at international health conferences gaining continuing education annually and staying current on recent health discoveries.

As a natural health coach with a holistic approach and a gentle nurturing touch, Tara believes that everyone deserves to live an extraordinary life with youthful vitality.

Alder Brooke Healing Arts has now expanded its beautiful garden spa and education center to the sacred land at Ho'omaluhia on the enchanting coast of Kailua-Kona, Hawaii. Designed to meet your special needs, Kona Gold invites you to experience the benefits of cleansing in our safe, comfortable, relaxed environment graced with the magic of Aloha.

www.alderbrooke.com

541-513-7894



Healing Waves Retreats
at Kona Gold

Kailua-Kona, Hawaii

Call Tara Alder at

(541) 513♥7894
www.alderbrooke.com

**Optimize your health
and your life.
You deserve it!**

♥ Begin Within ♥